

Connectives 4

Read the article below. Fill in each blank with the appropriate connective word from the box. Each word in the box is used once.

but	for example	furthermore	and	in addition	secondly
as	to sum up	firstly	finally	although	as a result

It has recently been suggested that the way children eat (1) _____ live nowadays has led to a deterioration in their health. Many experts agree with this view and believe that this alarming situation has come about for several reasons.

(2) _____, there is the worrying increase in processed food that children are eating at home, with little or none of the fresh fruit and vegetables that earlier generations ate every day. (3) _____, more and more young people are choosing to eat in fast-food restaurants, which may be harmless occasionally, (4) _____ not every day. What they eat there is extremely high in fat, salt and sugar, all of which can be damaging to their health. (5) _____, child obesity is increasing.

There is also a disturbing decline in the amount of exercise they get. Schools have become obsessed with exams, with the shocking result that some pupils now do no sports at all.

(6) _____, few even get any exercise on their way to and from school, (7) _____ most of them go in their parents' cars rather than walk or cycle. (8) _____, children are spending far too much time doing things at home, (9) _____, playing computer games, watching TV or surfing the Internet. (10) _____, they no longer play outside with friends or take part in challenging outdoor activities.

(11) _____ none of these changes could, on their own, cause widespread harm to children's health, there can be little doubt that all of them together have had a devastating effect. (12) _____, this can only be reversed by encouraging children to return to more traditional ways of eating and living.